

Mongolian Mental Health Nurse Training (MoMeNT) project

Six-month post-graduate certificate for registered nurses

Pilot curriculum Delivered 2021

#	Modules	# lecture credits	# seminar credits	# practice credits	Total credits
1	Introductory lessons	1 (16 hours)			1
2	Module 1: History and theory of mental health	1 (16 hours)	2 (64 hours)		3
3	Module 2: Nursing management of the therapeutic relationship	1 (16 hours)	2 (64 hours)	1 (32 hours)	4
4	Module 3: Core principles of Mental Health Nursing	1 (16 hours)	2 (64 hours)	2 (64 hours)	5
5	Elective courses (English language, Infection control, Research methodology)	1 (16 hours)			1
6	Module 4: Service user involvement, co-production, and recovery model	1 (16 hours)	1 (32 hours)	2 (64 hours)	4
7	Module 5: Therapeutic management of risk and medication management	1 (16 hours)	3 (96 hours)	4 (128 hours)	8
	Total Hours 704				
	Lectures + Seminars Hours 416	8 (128 hours)	9 (288 hours)	9 (288 hours)	26

MODULE 1 – History and theory of mental health

N ^o	Lecture Topics	Hours
1	Historical context and modern understanding of mental health	2
	Mental health science's studies and sub-studies	2
	The structure of mental health care	
2	Mental health policy development in international level (laws, acts, declarations and policy documents)	2
	Mental health policy development in Mongolia (laws, acts, declarations and policy documents)	2
3	The role of nurses in mental health policy development	2
	Quality improvement of MH policy and settings	2
4	Nursing ethics and code of ethics	2
	Mental health nursing theories	2
	Total	16 1 credit

N ^o	Seminar topics	Hours
1	The modern context of Mongolian mental health service	4
2	General psychiatry	4
3	Special psychiatry	4
4	Differences of mental health service, role of nurse in mental health care	4
5	Role of the nurse in implementing Mongolian mental health law-1	4
6	Mongolian mental health laws and policies	4
7	Importance of policy of mental health service	4
	Vision of mental health service	
	Guidelines of mental health service	
8	Role of the nurse in implementing Mongolian mental health law-2	4
9	Role of the nurse in policy development of mental health service	8
10	Quality assurance in health service	8
	Importance of quality improvement	
	Quality and safety	
11	Biomedical ethics comparisons with the ethics of nursing	8
	Ethical theories	
	Communication ethics	
	Service users' authority, interest, decision making	
11	Research ethics	8
	Foundation of nursing theories	
12	Foundation of nursing theories	8
	Total	64 2 credits

MODULE 2 – Nursing management of the therapeutic relationship

No	Lecture Topics	Hours
1	Therapeutic relationship and communication skills	4
2	Impact of negative communication in the therapeutic relationship and how to prevent it	4
3	Motivational Interviewing Forms of therapeutic relationships in mental health settings	2
4	Maintaining a safe environment in the therapeutic relationship	2
5	Promotion of harm free care in mental health settings	2
6	Mental health awareness in community and the roles of nurse in public health promotion	2
	Total	16 1 credit

No	Seminar topics	Hours
1	General understanding of therapeutic relationships and communication skills	4
2	Therapeutic relationships within interdisciplinary team	8
3	Motivational interviewing Behavior and psychology of the participants in therapeutic relationship	4
4	Managing relationships based on service users' needs	4
5	How nurses can feel, control and manage their own emotion	8
6	The role and importance of persuasion	4
7	Types of therapeutic relationships and positive and negative communication	8
8	Safety of clinical staff	8
9	Culturally competent communication	4
10	Common errors of clinical staff Preventing negative communication in therapeutic relationship	4
11	Illness caused by medical errors	4
12	Mental illness caused by medical errors and prevention	4
	Total	64 2 credits

No	Practice topics	Hours
1	Therapeutic relationship and communication skill	4
	Maintaining safe environment	8
2	Emotion, acuteness, communication strategy	8
3	Types of therapeutic relationship, positive and negative communication and prevention of negative communication	4

4	Difference of therapeutic communication in mental health care	4
5	Prevention of mental disorders caused by medical errors	4
	Total	64 2 credits

MODULE 3 - Mental health nursing

Nº	Lecture Topics	Hours
1	Assessment of service users /social, psychology and physiology/	1
2	Safety assessment of service user and risk assessment /environment, service user and care giver/	1
3	Understanding diagnostic categories of mental disorders (observation, questionnaire and physical check-up)	1
4	The role of nurses in the diagnosis of mental disorder	1
5	Psychotropic medication and medication management	1
6	The role of nurses in non-pharmacological medication	1
7	Understanding about psychotropic medication and medication concordance	1
8	The role of nurses in mental health care	1
9	The required skills of registered nurses in mental health settings	1
10	Using evidence-based care in practice	1
11	Modern understanding of evidence based mental health nursing care	1
12	Tools and models of quality monitoring in mental health settings	1
13	General understanding about quality	1
14	Quality of mental health care - WHO	1
15	Culturally competent and personalized care	1
16	Nursing theories	1
	Total	16 1 credit

Nº	Seminar topics	Hours
1	Assessment of service users /social, psychology, and physiology/	4
2	Safety assessment of service user and risk assessment /environment, service user and care giver/	4
3	Understanding about the diagnosis of mental disorders (observation, questionnaire, and physical check-up)	4
4	Role of nurses in diagnosis	4
5	Psychotropic medication and medication management	4
6	Role of nurse in non-pharmacological medication	4

7	Psychotropic medication concordance	4
8	Role of nurse in mental health service	4
9	Required skills of mental health registered nurse	4
10	Using evidence-based care in practice	4
11	Trends of evidence based mental health care	4
11	Quality evaluation in mental health service and tools	4
12	General understanding of quality	4
13	Quality in mental health care - WHO	4
14	Culturally competent and person-centered care	4
15	Nursing theories	4
	Total	64 2 credits
N^o	Practice topics	Hours
1	Assessment of service users /social, psychology, and physiology/	8
2	Safety assessment of service user and risk assessment /environment, service user and care giver	8
3	Understanding diagnosis of mental disorders (observation, questionnaire and physical check-up)	8
4	Role of the nurse in diagnosis	8
5	Psychotropic medication and medication management	8
6	Role of the nurse in non-pharmacological medication	4
7	Psychotropic medication concordance	4
8	Essential skills of mental health nurses	4
9	Using evidence-based care in practice	4
10	Trends of evidence-based mental health care	4
11	Nursing theories	4
	Total	64 2 credits

N^o	Elective courses	Hours
1	<ul style="list-style-type: none"> - Communicable diseases - English language - Research methodology 	16

MODULE 4 - Service user involvement, co-production, and recovery model

N ^o	Topics	Hours
1	Laws and its' implementation for service users' rights	2
2	The promotion of service user rights	2
3	Participants in MH care and their roles and ethical issues	2
4	Service user involvement in mental health care and co-production	2
5	The general understanding of recovery model and international best experiences	2
6	The scope of recovery model, types and differences	2
7	Maintaining a safe environment for service users	2
8	Impacts for recovery treatment and evaluation methods of efficiency of treatment	2
	Total	16 1 credit

N ^o	Seminar topics	Hours
1	Promotion of service users' right	4
2	Laws and its' implementation for service users' rights	4
3	Participants in MH care and their roles and ethical issues	4
4	Service user involvement in mental health care and co-production	4
5	Recovery model theory and international best practice	4
6	The scope of the recovery model, types and differences	4
7	Maintaining a safe environment	4
8	Treatment impact and evaluation methods	4
	Total	32 1 credit
N ^o	Practice topics	Hours
1	Opportunities and limitations of service users' rights	4
2	Implementing service users' rights within a legal framework	4
3	Promoting service user rights	4
4	Ethics in service user involvement	4
5	Challenges in service user involvement in mental health care	4
6	Methods of service user involvement	4
7	Recruitment of service users and their involvement in mental health services	4
8	Recovery model theory and international best practice	8
	Total	64 2 credits

MODULE 5 – Therapeutic management and medication concordance

N ^o	Lecture Topics	Hours
1	Assessment and management of distress in the clinical area	2
2	Substance misuse management (alcohol, tobacco, other substances, and screening measures)	3
3	Trauma-informed care	3
4	Mental state assessments and crisis planning and implementation	3
4	Risk assessment and management in mental health	3
5	The ‘Safewards’ method as a tool to promote a therapeutic and safe mental health inpatient environment	2
	Total	16 1 credit

N ^o	Seminar topics	Hours
1	Assessment and management of distress in the clinical area	16
2	Trauma-informed care	16
3	Multi-disciplinary teamwork to assess safety and risk	16
4	The role of the nurse within the multidisciplinary team in relation to risk assessment and management, including de-escalation	16
5	The role of the nurse within the multidisciplinary team in relation to the management of violence and aggression, use of de-escalation methods, and SBARD tool. (Situation, Background, Assessment, Recommendation, Decision)	12
6	The role of the nurse within the multidisciplinary team in relation to the use of seclusion rooms	8
7	Study and discussion on common mental health disorders across the lifespan, (children, adolescents, older adults, mental health problems related to pregnancy and postpartum depression)	12
	Total	96 3 credits
N ^o	Practice topics	Hours
1	Assessment and management for distressed patients in a clinical area	16
2	Trauma-Informed Care	16
3	Care delivery and risk management in cases of aggression, violence, self-harm, eating disorders, and absconding	16

4	Use of restrictive methods in inpatient services within the legal framework (Mongolian Ministry of Health orders) to manage the risk of suicide, violence, and harm due to eating disorders	12
5	Assessment and management of violence and aggression in acute inpatient wards through use of crisis plans	12
6	Assessment of mental distress and use of crisis plans	12
7	Assessment of psychology of suicidal acts, using crisis plans and emergency care	12
8	Assessment of psychology of other risky incidents, using crisis plan and emergency care	12
9	Creating safe environments in seclusion rooms, including use of monitoring and continual safety assessments	8
10	Common mental disorders across the lifespan (children, adolescents, adults, and older adults)	12
	Total	128 4 credits