

Revised: November 2014 (12<sup>th</sup> version, Drug Interactions section, etc.)  
 Revised: September 2013

**Therapeutic Agent for Peptic Ulcer and Gastritis**  
**MAAREGE COMBINATION-DS FOR SUSPENSION**

**Storage:**

Store at room temperature (avoiding moisture after opening the package).

**Expiration date:**

Indicated on the package.

|   |                |
|---|----------------|
| Standard Commodity Classification No. of Japan 872349 |                |
| Approval No.  | 22100AMX01297  |
| Date of listing in the NHI reimbursement price        | September 2009 |
| Date of initial marketing in Japan                    | July 1998      |

**CONTRAINDICATIONS (MAAREGE Oral Dry Susp. is contraindicated in the following patients.)**

Patients undergoing hemodialysis [Aluminum encephalopathy, aluminum osteodystrophy and anaemia may occur due to a long-term administration.]

**DESCRIPTION**

|                             |  |
|-----------------------------|--|
| Active ingredient in 1 gram | Dried Aluminum Hydroxide Gel (JP) ..... 448 mg<br>(As aluminum oxide 224 mg)<br>Magnesium Hydroxide ..... 400 mg |
| Inactive ingredients        | D-Mannitol, Microcrystalline Cellulose, Saccharin Sodium, Light Anhydrous Silicic Acid                           |
| Dosage form and appearance  | White granules. They are odorless and have a slightly sweet taste. They are dose-unit packages of 1.2g/pack.     |
| Identification code         | Packaging Tw609 (Indicated on the package)   |

**INDICATIONS**

Antacid effects and improvement of symptoms in the following diseases

Gastroduodenal ulcer, gastritis, abnormality of upper gastrointestinal tract function

**DOSAGE AND ADMINISTRATION**

Usually for adults, 1.6 to 4.8 g/day of this product is divided into several times and 1 g is suspended into 10 mL of water before use to be orally administered, or this product is orally administered without change. The dosage may be adjusted according to the patient's age and symptoms.

**PRECAUTIONS**

**1. Careful Administration (MAAREGE Oral Dry Susp. should be administered with care in the following patients.)**

- 1) Patients with renal dysfunction [Aluminum encephalopathy, aluminum osteodystrophy and anaemia due to a long-term administration and hypermagnesemia may occur. Blood magnesium, aluminum, phosphorus, calcium, alkaline phosphatase, etc. should be regularly measured.]
- 2) Patients with cardiac function failure [Magnesium has the inhibitory effect of cardiac function.]
- 3) Patients with diarrhea [Diarrhea may be promoted due to laxative property of magnesium hydroxide.]
- 4) Patients with hypermagnesemia [Blood concentration of magnesium may be increased.]
- 5) Patients with phosphate decreased [Aluminum inhibits the absorption of inorganic phosphorus.]

**2. Drug Interactions**

**Precautions for coadministration (MAAREGE Oral Dry Susp. should be administered with care when coadministered with the following drugs.)**

Absorption effects of this product or increased pH within the gastrointestinal tract and of body fluid may affect absorption and excretion of coadministered drugs. Therefore, this product should be administered with care.

| Drugs  | Signs, Symptoms and Treatment   | Mechanism and Risk Factors  |
|--|---|---|
| Penicillamine  | Effects of penicillamine may be reduced.  | It has been reported that absorption ratio of penicillamine is decreased when this product is administered together with penicillamine.                               |
| Mycophenolate mofetil  | Effects of mycophenolate mofetil may be reduced.  | It has been reported that absorption of mycophenolate mofetil is decreased when this product is coadministered with mycophenolate mofetil.                            |
| Azithromycin hydrate   | It has been reported that maximum blood concentration of azithromycin hydrate is decreased.   | The mechanism is not known.   |
| Tetracyclines antibiotics<br>Tetracycline<br>Minocycline, etc.                               | Effects of these coadministered drugs may be reduced. This product should be administered with care such as not administering these drugs at the same time. | It is considered that chelate is formed and absorption of these drugs is inhibited.   |
| New quinolone antimicrobial agents<br>Enoxacin hydrate<br>Ciprofloxacin<br>Norfloxacin, etc. |   |   |
| Bisphosphonate bone metabolism improving agent<br>Etidronate disodium                        |   |   |
| Digitalis preparations<br>Digoxin, etc.  | It is considered that absorption of these drugs is inhibited due to adsorption to this product in the gastrointestinal tract.                               | It has been reported that absorption of these drugs is inhibited due to increased gastric pH and formation of insoluble salt resulting from this product.             |
| Thyroid hormone preparations<br>Levothyroxine sodium hydrate, etc.                           |   |   |
| Bile acid preparations<br>Ursodeoxycholic acid<br>Chenodeoxycholic acid                      |   |   |
| Fexofenadine   | The mechanism is not known. However, it is considered that absorption of these drugs is inhibited.  | It is considered that absorption of magnesium from the intestinal tract is considered to be promoted due to these drugs. (Especially patients with renal dysfunction) |
| Iron preparations<br>Ferrous sulfate<br>Ferrous fumarate                                     |   |   |
| Cefdinir<br>Cefpodoxime Proxetil   | Hypermagnesemia may occur. This product should be administered with care.   | It is considered that chelate is formed and absorption of aluminum is promoted.   |
| Active vitamin D <sub>3</sub> preparations<br>α-calcidol<br>Calcitriol                       |   |   |
| Citric acid preparations<br>Potassium citrate<br>Sodium citrate                              | Blood concentration of aluminum may be increased. This product should be administered   |   |

|   |  |  |
|---|--|--|
|   | with care such as not administering these drugs at the same time.  |  |
| Serum potassium inhibiting ion-exchange resins<br>Calcium polystyrene sulfonate<br>Sodium polystyrene sulfonate | Alkalosis may occur. Patients should be carefully monitored, and if any abnormalities are observed, appropriate measures such as discontinuation of this product should be taken.  | It is considered that metal cation of this product and ion-exchange resins are bound and bicarbonate secreted in the intestinal tract is reabsorbed without being neutralized. |
| Massive milk<br>Calcium preparations  | Milk-alkali syndrome (hypercalcemia, azotaemia, alkalosis, etc.) may occur. Patients should be carefully monitored, and if such symptoms are observed, administration of this product should be discontinued.  | The mechanism is not known. However, increased serum calcium and increased pH due to this product are considered to be involved.   |
| Dolutegravir sodium   | This product decreases the plasma concentration of C <sub>max</sub> of dolutegravir by 72% and C <sub>24</sub> by 74%. The administration of dolutegravir sodium is recommended at 2 hours before or 6 hours after the administration of this product. | The absorption of dolutegravir is inhibited due to the formation of complexes.   |

### 3. Adverse Reactions

No investigation such as a drug use investigation clearly showing the incidence of adverse reactions has been conducted.

|                           | *Incidence unknown  |
|---------------------------|---|
| Hypersensitivity          | Itching, urticarias, angioedemas  |
| Gastrointestinal          | Anorexia, nausea, stomach discomfort, constipation, diarrhea, etc.                            |
| Abnormal metabolism*      | Hypermagnesemia, hepophosphataemia and rickets/osteomalacia/hypercalciuria associated with it |
| Long-term administration* | Aluminum encephalopathy, aluminum osteodystrophy, anaemia                                     |

\*: These symptoms may occur due to a long-term or massive administration. Patients should be carefully monitored, and if any abnormalities are observed, appropriate measures should be taken such as reduction of dosage or discontinuation of this product.

### 4. Use in the Elderly

Since adverse reactions are likely to occur in elderly patients, attention should be paid. [Elderly patients often have reduced physiological functions.]

### 5. Pediatric Use

The safety of this product in low birth weight infants, neonates, nursing infants, infants and children has not been established. (There is no sufficient clinical data in pediatric patients.)

### 6. Overdose

**Symptoms:** A predicted symptom in usual patients is diarrhea, abdominal pain, vomiting etc. but overdose may cause hypermagnesemia in patients with renal dysfunction.

**Treatment:** In case of massive overdose, appropriate measure should be taken such as gastric lavage and administration of a cathartic not containing magnesium.

### 7. Precautions Concerning Use

**Precautions during oral administration:** This product should be suspended before use and immediately taken after suspension. When this product is orally administered with water, it should be taken with a cup of water.

## PHARMACOLOGY

### Pharmacodynamic studies

MAAREGE COMBINATION-DS FOR SUSPENSION and a reference drug (as 1.42 g/kg body weight of preparation) were orally administered to three experimental ulcer rat models (hydrochloric acid – ethanol gastric mucosa lesion model, pylorus ligation – aspirin gastric ulcer model, and mepirizole duodenal ulcer model). From the results, both drugs showed significant inhibitory effects to gastric mucosa lesion, gastric mucosa ulcer, and duodenal ulcer, and were considered to be equivalent<sup>1)</sup>.

## PHYSICOCHEMISTRY

### 1. Dried Aluminum Hydroxide Gel

Nonproprietary name: Dried Aluminum Hydroxide Gel

Description: Dried Aluminum Hydroxide Gel occurs as a white, amorphous powder. It is odorless and tasteless. It is practically insoluble in water, in ethanol (95) and in diethyl ether. Most of it dissolves in dilute hydrochloric acid and in sodium hydroxide TS.

### 2. Magnesium Hydroxide

Nonproprietary name: Magnesium Hydroxide

Molecular formula: Mg(OH)<sub>2</sub>

Molecular weight: 58.32

Description: Magnesium Hydroxide occurs as a white, odorless powder. It is practically insoluble in water and in ethanol. It dissolves in dilute hydrochloric acid.

## PRECAUTIONS FOR HANDLING

### Stability test

In an accelerated test using final packaged products (at 40°C and 75% relative humidity for 6 months), MAAREGE COMBINATION-DS FOR SUSPENSION was estimated to be stable for 3 years under normal distribution conditions<sup>2)</sup>.

## PACKAGING

MAAREGE COMBINATION-DS FOR SUSPENSION:

1.2g x 1,200 packages

## REFERENCES

- 1) Internal data of Towa Pharmaceutical Co., Ltd.: Pharmacodynamic studies
- 2) Internal data of Towa Pharmaceutical Co., Ltd.: Stability test

## CONTACT INFORMATION ON REQUEST FOR LITERATURE AND PRODUCT INFORMATION

Please request references (including internal data) to the following address.

Drug Information Department DI Center (24-hour phone service)

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Manufacturer and Distributor

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